

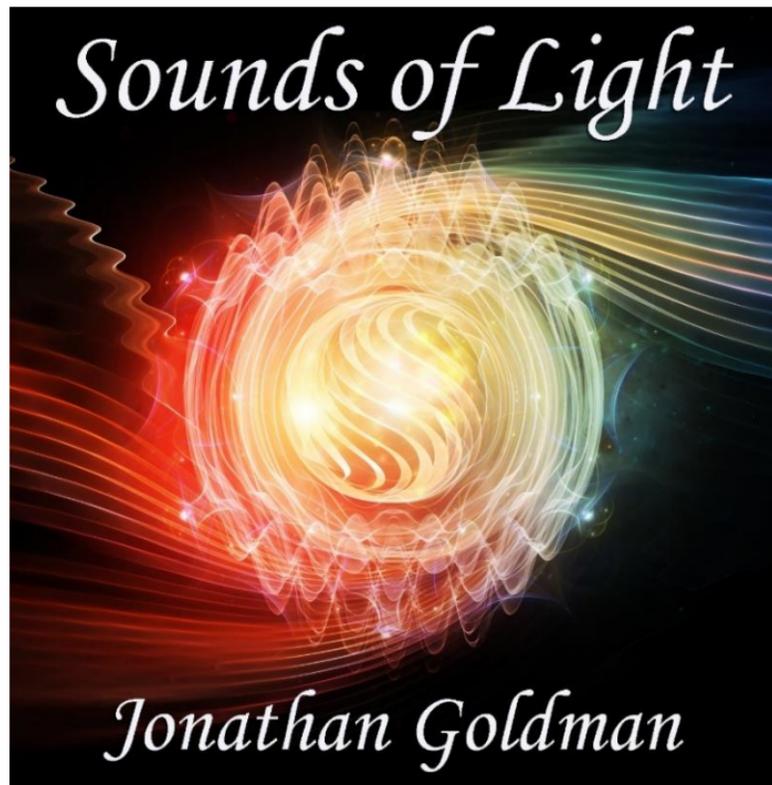
# *Sounds of Light*

## *Jonathan Goldman*

*Featuring: Lama Tashi, Laraaji,  
Sarah Benson, Christian Bollman*

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**JSG4411**



# *Sounds of Light*

## *Jonathan Goldman*

Produced by Jonathan Goldman

1. Sounds of Light	6:16
2. Tonal Alchemy	5:43
3. Language of Light	6:33
4. Entrance of Ganesh	7:45
5. Celestial Labyrinth	6:47
6. Chimes of Rebirth	4:44
7. Sacred Healing Codes	7:33
8. Rainbows of Venus	6:46
9. Golden Tones of Ganesh	6:53
10. Divine Dolphin	8:00
Total	67:45

From Healing Sounds® pioneer Jonathan Goldman comes *Sounds of Light* a new recording with 10 of Goldman's relaxing, chill out sacred sonic environmental sound baths that manifest the Sounds of Light including 8 never before released tracks. Working with some of the great sound healing luminaries of all time, including Lama Tashi, World Renowned Tibetan Chant Master, Sarah Benson, Divine Mother of Sound Healing, Laraaji, Godfather of Ambient Music, and Christian Bollman, German Overtone Singing Maestro, Goldman has created sacred flowing, sounds that will transcend time and space and enable you to experience the *Sounds of Light*. *Sounds of Light* is great for yoga, meditation and pure relaxation.

**JONATHAN GOLDMAN** is an international authority on sound healing and a pioneer in the field of harmonics. He is author of numerous books including **HEALING SOUNDS**, **THE DIVINE NAME** and **THE 7 SECRETS OF SOUND HEALING**. He is the director of the Sound Healers Association, and a Grammy nominee with over 25 best-selling recordings including the award winning "**CHAKRA CHANTS**", "**THE DIVINE NAME**" and "**MERKABA OF SOUND**". [www.healingsounds.com](http://www.healingsounds.com)



## NOTES ON SOUNDS OF LIGHT

By Jonathan Goldman

### 1. Sounds of Light 6:16

Featuring Sarah Benson on flute, this track is originally excerpted from “Flutes of Interior Time”. I then added some ambient acoustic guitar tambura and Tibetan bowls along with the some subtle zither tracks courtesy of Laraaji. The results is a deeply soothing soundtrack.

### 2. Tonal Alchemy 5:43

This recording features myself and Lama Tashi. Excerpted from a longer work that mysteriously materialized on a recording that was created many years ago. It is a powerful use of vocal sounds from Eastern and Western Traditions.

### 3. Language of Light 6:33

This vocal track is excerpted from the throat chakra of “Chakra Chants 2”. The toning and overtone vocals are primarily myself with some addition tracks by Sarah Benson. “Language of Light” is one of my personal favorite compositions.

### 4. Entrance of Ganesh 7:45

German Overtone Singer Christian Bollman and I recorded this “live” chant to Ganesh. Along with the chant and Christian’s overtone singing, it features many different subtle sounds, including trumpet, e-bow electric guitar, tambura, bowls and bells.

### 5. Celestial Labyrinth 6:47

This composition was creating solely through using samples of Laraaji’s zither. I wanted to manifest a mysterious, ambient track of sounds that could be used for relaxation and meditation. It is definitely something that is uniquely different.

### 6. Chimes of Rebirth 4:44

I woke up one day with this theme in my head and went down to my recording studio to capture it on synthesizer. The manifestation is one of an uplifting, festive celebratory nature.

### 7. Sacred Healing Codes 7:33

Excerpted from a longer recording this piece features the solfeggio tuning forks as an background, coupled with several chants including the “Om, Ah, Hu”, “Tara Mantra” and “Medicine Buddha Mantra”. It is designed for deep healing and meditation.

8. Rainbows of Venus

6:46

“Rainbows of Venus” is excerpted from a musical piece that Laraaji and I recorded live. Featuring many different sounds available on Thumbjam—a miniature synthesizer. Together we created a lovely sonic environment.

9. Golden Tones of Ganesh

6:53

The chant Om Gan Ganapataye Namaha is from the session Christian Bollman and I did to honor the Hindu Deity Ganesh. I then added the sounds of Tibetan bowls and whale sounds to this. There’s even a slight zither from Laraaji. It’s a new creation of this powerful chant.

10. Divine Dolphin

8:00

“Dolphin Dreams” was the first CD I created. On this new recording, I added the sacred sound of the Divine Name—the tetragrammaton from Kaballah—to this. The sounds of dolphins, ocean and other vocals work wonderfully with the Divine name to create a magical recording.

I trust you will enjoy all the many different aspects of the Sounds of Light.

*Jonathan Goldman*

# *Sounds of Light*

## *Jonathan Goldman*

Produced by Jonathan Goldman

Mix & Mastering: Jonathan Goldman

Mastering Assistance by Alex Pratsurek

Jonathan Goldman: vocals, synthesizer, guitar, bowls, tambura, e-bow, mantra chanting, overtones

Sarah Benson: flute, vocals

Lama Tashi: Tibetan Deep Voice Chanting

Laraaji: zither

Christian Bollman: mantra chanting, overtones, trumpet.

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Jonathan Goldman’s Healing Sounds are available at [www.healingsounds.com](http://www.healingsounds.com)